

Mental Health Conference

**Theme: Empowering Communities: Supporting Mental Well-Being and
Bridging Gaps in Homelessness**

Venue- Medallion Hall - Kingston

8:00am- 3:00pm

8:00am - 8:30am

Registration

8:30 am

Welcome

Dr. Kevin Goulbourne

Director, Mental Health Services and Substance Abuse, Ministry Of Health and
Wellness

8:35 am

Invocation- Nurse Hazel Birch

8:40am

Greetings

Part 1: Building Sustainable Communities From the Womb

8:50-9:10am

The impact of Trauma and other stressors on the unborn child

Dr. Earl Wright

Consultant Psychiatrist

9:10am-9:30am

Rising Mental Health Challenges in Children and Adolescents: Are we raising a Fragile Generation?

Ms Georgia Rose

Clinical Psychologist

Western Regional Health Authority

Part 2: Homelessness and Mental Health

9:30am- 9:50am

In, Out, Repeat: Practical Strategies to address the Revolving Door Phenomenon

Dr. Tiffany Walters Washington

Medical Officer, KPH

9:50am-10:10am

Eradicating Homelessness: Challenges, Current and Future Strategies

Ms Donna-Gaye Brady

Acting Inspector of Poor

KSAMC

10:10- 10:20am

Questions and Answers

10:20am- 11:00am

Panel Discussion- Addressing Homelessness: Whose business is it? Dr.
Goulbourne

Panelists

Mrs. Natasha Gabbidon-Blake

General Manager, Open Arms Development Centre

Ms. Treka Lewis

Secretary Board of Supervision, Ministry of Local Government & Community
Development

NCDA Representative

Prof. Wendel Abel

Consultant Psychiatrist

University Hospital of the West Indies

11:00-11:10am Coffee Break

Part 3: Mental Health and the Law

11:10am-11:30am

Reform or Die : Youth Incarceration vs Diversion in Jamaica

Dr. Clayton Sewell

Head, Department of Psychiatry

University of the West Indies

11:30am-11:50am

Is our current System of Care Adequate?

Professor Wendel Abel

University Hospital of the West Indies

11:50am- 12:00pm

Question and answers

12:00pm-12:10pm

Pharmaceutical Presentation - NHF Presentation

Part 4: Mental Health a Public Health Challenge

12:10pm-12:30pm

Vital signs for Mental Health- Know Your Numbers, Know Your Score

Dr. Odane Dawkins

Medical Branch, JCF

12:30pm-12:50pm

Mental Health and Aging: How prepared are we to manage?

The Most Honourable Professor Denise Eldemire-Shearer

12:50 pm-1:10pm

Questions and Answers

1:10pm-1:20pm

Pharmaceutical Presentation

Marsha Clarke

Janssen Pharmaceuticals

Part 5: Practical and Advocacy Series

1:20pm-1:30pm

Advocating for Better Mental Health- The Lived Experience

Ms Susan Muir

Mental Health Advocate

Mensana

1:30pm- 2:10pm

Hula for Mental Health

Dr. Vitillus Holder

Regional Technical Director,

Southern Regional Health Authority

2:10- 2:20pm

Presentation Jetour

2:20- 3:00pm

Prescription: Physical Activity

Mr. Orane Gardner

Physical Activity Specialist

Western Regional Health Authority

3:00pm -3:10pm

Vote of Thanks

Ms Georgia Rose

Western Regional Health Authority

End of Conference

LUNCH